

MEDICAL REQUIREMENTS

EMERGENCY MEDICAL TECHNICIAN (EMT) PROGRAM

1. Confidential Medical History Form

- Complete and submit to Health Services. Read the form carefully and provide any explanations if needed.

2. Health Career Physical Examination Report

- Exam by a medical doctor, physician's assistant, or nurse practitioner within one year documented on the Physical Exam Report Form from (Oakton College) Health Services (other forms will not be accepted). Please ensure that all sections are completed, including the vision screening and office stamp.

If you do not have a physician:

- Limited low-cost \$25 (subject to change) billed to your student account, physical exams are available at Health Services. Contact 847-635-1419 (Skokie) or 847-635-1885 (Des Plaines) for appointment. Please note: *students must complete TB screening and provide documentation of immunity to measles, mumps, rubella, and varicella prior to making an appointment.*
- Heartland Health Center (8320 Skokie Blvd., Skokie) offers low-cost school physicals for Oakton students. Call 847.410.6501 and bring the examination form to your appointment.

3. Tuberculosis (TB) Skin Test or Blood Test

- Previous TB screening is acceptable if it is within the last year and will not expire before the end of your course.
- A single TB skin test **or** QuantiFERON blood is required. A referral may be obtained from Health Services for a QuantiFERON Gold blood test.
- TB skin tests or QuantiFERON may be obtained through your primary care physician or clinics within CVS and Walgreens.
- Limited appointments are available in Health Services (both campuses) on Tuesdays, and the skin test is read 48 hours later, on the following Thursday. Contact 847-635-1419 (Skokie) or 847-635-1885 (Des Plaines).
- The Skokie Health Department provides TB skin testing for anyone who lives, works, or attends school in Skokie. Call 847-933-8252 to schedule an appointment. Visit skokie.org/186/community-health-services.
- If you have a history of a positive skin test or blood test, contact Health Services.

4. Documentation of Vaccination or Immunity: MMR & Varicella

- Two doses of measles, mumps, rubella (MMR) vaccine **or** laboratory evidence of immunity (blood titers/test).
- Two doses of varicella (chicken pox) **or** laboratory evidence of immunity (blood titers).

If you do not have documentation of previous vaccinations, you may:

- Obtain blood titers from your primary care physician, **or**
- Obtain a referral from Oakton Health Services to Ascension Holy Family lab in Des Plaines. Health Services will receive the results in 2 - 3 business days. The cost is \$86 (subject to change) billed to your student account. You will receive a copy of your titers along with a notification if any follow-up vaccines are needed.

5. Hepatitis B Vaccine Status

- Documentation of completed hepatitis B vaccine series, **or** a positive antibody titer indicating immunity, **or** a signed Hepatitis B Vaccine Declination form. For healthcare personnel, the Centers for Disease Control (CDC) strongly recommends immunization against this serious viral infection.
- Contact your own physician or pharmacy for hepatitis B vaccines (three dose or two dose series). Bring titer results with you.
- The hepatitis B vaccines are available at a reduced cost in Health Services, Des Plaines (by appointment only 847.635.1885). Must bring titer results.

6. Flu Vaccine (except summer session)

- You must submit proof of a current seasonal flu vaccine.
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Health Services

Des Plaines Campus: 1600 East Golf Road, Des Plaines IL 60016

Room 1200 | Monday – Friday 8:30 am – 4:30 pm | 847.635.1885 | Fax 847.376.7010

Skokie Campus: 7701 North Lincoln Avenue, Skokie, IL 60077

Room A175 | Tuesday – Thursday 8:30 am – 4:30 pm | 847.635.1419 | Fax 847.376.7650

SUBMITTING MEDICAL DOCUMENTS

Make a copy of all documents before you submit them to Health Services, and place them in a *medical records* folder for yourself. You will need these copies again for employment.

Do NOT email documents.

- Upload documents to a secure and confidential file >>: <https://oakton.sharefile.com/r-re4c4b9e698a43d5a>
Enter your email, name, and company, which is Oakton
- **Or** mail to: Oakton College (Health Services, room A175) 7701 N. Lincoln Ave. Skokie, IL 60077
- **Or** place documents in the locked mailbox outside of the Skokie Health Services office
- **Or** fax to: 847-376-7650

****MEDICAL CLEARANCE** – Students will receive their medical clearance form from our medical staff or their instructor.

Note: Students will not be able to attend the clinical portion of the program without receiving medical clearance from Health Services. Clinical sites reserve the right to change health requirements at any time based on current medical practices.

GoodRx is a free-to-use website and mobile app that provides drug coupons for discounts on medications and vaccines if you are uninsured, have a high deductible, or have insurance that does not cover vaccines.

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5. Hepatitis B Vaccine Status
6. Flu Vaccine (except summer session)